



## TOAST CUP 2025

TOAST Cup will be based at the McMillan Hockey Centre, Dunedin, over 21 - 23 March 2025.

**TOAST Cup Rules:** The TOAST Cup will follow the applicable FIH 2023 rules and the competition guidelines in the 2025 OHA Club Handbook with the following exceptions.

1. All games except the Premier Finals will have 22 minute halves and a 5 minute halftime break.
2. Premier Grade Finals will have 25 minute halves and a 5 minute halftime break.
3. Scoreboard game clocks will start on times stated in the Draw with games starting on the Umpires whistle. *With a large number of games to played during TOAST Cup, it will be important for all teams to be ready on time and vacate the turf and dugouts in a timely manner following games.*
4. Umpires at their discretion, may begin a game if a team is more than 2 minutes late to the field.
5. Umpires will advise teams with 2 minutes to start for teams to clear hockey balls from the turf and have the playing 11 ready.
6. Team makup
  - (i) Team can have a have a maximum of 18 players per game.
  - (II) Teams can have up to 11 on-field players.
  - (ii) Teams can have any number of goalkeepers in their 18.
  - (iii) Any on-field goalkeeper must be fully kitted.
7. All players in a team are to wear their clearly numbered Club uniform for games.
8. Where uniform colours clash, the team named as Team B will be provided with a set of Bibs to wear.
9. The team named as Team A will provide the game ball and start the game with the ball.
10. Rounds:
  - (i) games can finish in a tie.
  - (ii) 3 points for a win, 1 point for a draw and 0 points for a loss.
  - (iii) ladder ties separated by: 1) goal difference, 2) goals for, 3) number of wins, 4) coin-toss.
11. Crossovers
  - (i) must finish in a win.& Finals:
  - (ii) ties decided by a 3-person shoot out at the northern end goal. The team with possession of the ball at the start of the match takes the first shoot out.

This is a competitive but social tournament so all teams should play within the spirit of the game. Please note disciplinary points are carried over for teams playing in the Otago Hockey Association Winter Club season.