



# TOAST CUP 2026

Friday March 20 – Sunday March 22

1. Turfs Games will be played on the McMillan Centre turfs and the King's High School turf dependant on team entry numbers.
2. Rules The TOAST Cup will follow the applicable FIH rules and the competition guidelines in the OHA Club Handbook with the following exceptions.
3. Game Times
  - (i) All games except the Premier Finals will have 22 minute halves and a 5 minute halftime break
  - (ii) Premier Grade Finals will have 25 minute halves and a 5 minute halftime break.
4. Start Times
  - (i) Scoreboard game clocks will start on times stated in the Draw with games starting on the Umpires whistle. *With a large number of games to be played during TOAST Cup, it will be important for all teams to be ready on time and vacate the turf and dugouts in a timely manner following games.*
  - (ii) Umpires, at their discretion, may begin a game if a team is more than 2 minutes late to the field.
  - (iii) Umpires will advise teams with 2 minutes to start for teams to clear hockey balls from the turf and have the playing 11 ready.
5. Disciplinary Points Points are not carried over for teams playing in the Otago Hockey Association Winter Club season.
6. Team Makeup
  - (i) Team can have a maximum of 18 players per game.
  - (ii) Teams can have up to 11 on-field players.
  - (iii) Teams can have any number of goalkeepers in their 18.
  - (iv) Any on-field goalkeeper must be fully kitted.
7. Uniforms
  - (i) All players in a team are to wear their clearly numbered Club uniform for games.
  - (ii) Where uniform colours clash, the team named as Team B will be provided with a set of Bibs to wear.
8. Game Ball The team named as Team A will provide the game ball and start the game with the ball.
9. Pool Games
  - (i) Games can finish in a tie.
  - (ii) 3 points for a win, 1 point for a draw and 0 points for a loss.
  - (iii) Ladder ties separated by: 1) goal difference, 2) goals for, 3) number of wins, 4) coin-toss.
10. Crossovers & Finals
  - (i) Must finish in a win.
  - (ii) Ties decided by a 3-person shoot out at the northern end goal.
  - (iii) The team with possession of the ball at the start of the match takes the first shoot out.

This is a competitive but social tournament so all teams should play within the spirit of the tournament.