



TOAST CUP 2024

Information Sheet

TOAST cup will take place over the 22nd, 23rd and 24th March 2024 at McMillan turf, Dunedin.

Rules:

- Follows the applicable FIH 2023 rules and the competition guidelines in the OHA Club Handbook 2023 with the following exceptions.
- Matches will be **2x 22 mins** with a 5 minute half-time (except the Prem men's and Prem women's finals which are 2x25 mins). As we have many games over three days in 1 hour slots, in order to maintain punctuality it is requested that you vacate and take the turf in a timely manner. The team named as team A will start with the ball.
- The umpires will be advised to begin the games promptly and finish within the hour and can, at their discretion, begin the game if a team is more than 2 minutes late to the field.
- All players in a team are required to wear a clearly numbered uniform of the same colour and the team named as the B team will wear bibs if required.
- Round-Robin rules: All round-robin games can finish in a tie with 3 points for a win, 1 for a draw and 0 for a loss. Teams on equal points after the round-robin phase will be separated by: 1) goal difference, 2) goals scored, 3) number of matches won and finally if there is no resolution, a coin-toss.
- Finals rules: Games must finish in a win. If there is a tie in a knockout match the result will be decided by a 3-person shoot-out at the northern goal, with the team with possession of the ball at the start of the match the first team to shoot.

This is a competitive but social tournament so all teams should play within the spirit of the game.

Remember for Otago teams disciplinary points ARE carried over into the club season!