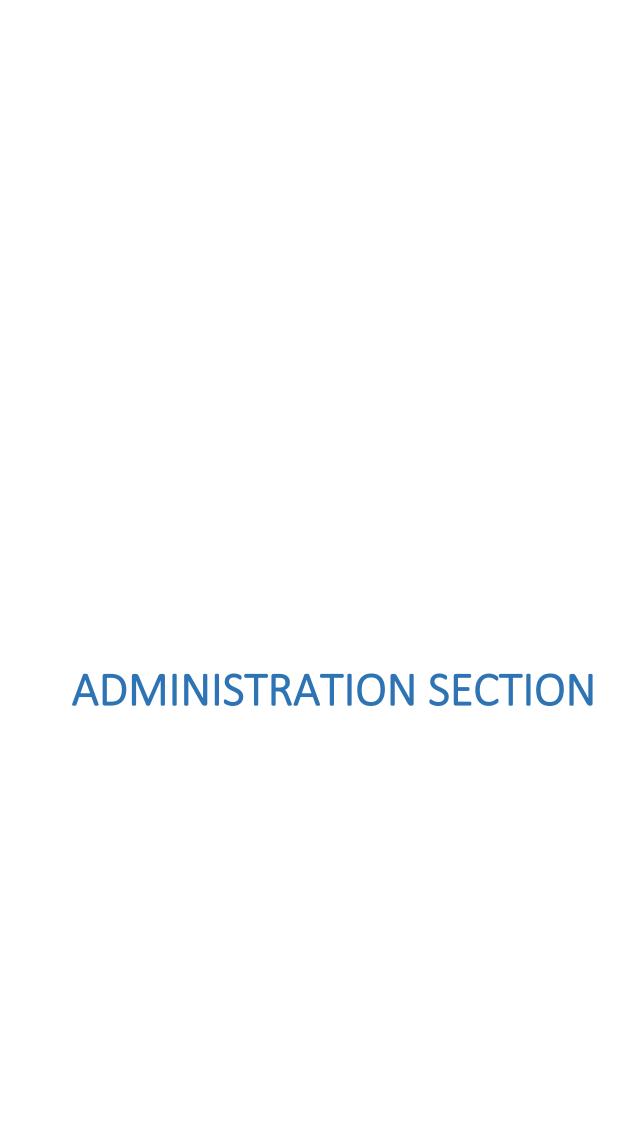




JUNIOR COMPETITION HANDBOOK

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Important Dates for 2019

Team Entry Open: Monday 9th March 2020 (OHA will release registration form)

Junior Hockey Delegates meeting

Team Entry Close: Friday 9th April 2020 by 5pm

Competition Start: Wednesday 6th May 2020

Friday 8th May 2020

Competition Break: 6th-17th July (School Holidays)

Competition Finishes: Wednesday 19th August 2020

Friday 21st August 2020

Contacts

Otago Hockey Association (OHA)

P.O Box 5098 Otago 9054

Ph: 03 474 9201 Fax: 034749204

Physical Location:

McMillan Hockey Centre 65 Harbour Terrace Dunedin

Otago

Board:

President- John Daniel
Secretary- Carolyn Parker
Treasurer- Anika Brown
Andrew Booth
Shirley Gillett
Warren Leonard
Kate Wilson
Liam Taylor

Staff:

General Manager: Andy McLean
Office Administrator: Carolyn Parker
Competitions Manager: Bonnie Gradwell
Pathway Manager: Hymie Gill
Community Hockey Manager: TBC

- **Bonnie Gradwell** manages the Small Sticks Competition and can be contacted using the above phone and fax numbers or by email competitions@oha.org.nz for enquiries regarding competitions, draws, results etc.
- Carolyn Parker manages the invoices for affiliation fees and game turf fees and can be contacted using the above phone and fax numbers or by email admin@oha.org.nz for enquiries in regard to finance and turf bookings

School Contacts

A register will be established for the current season's contacts. This database is used for ALL communications to Schools by OHA. Please advise the OHA Office immediately should any of these details change.

The rules noted in the **Otago Hockey Association Club Competitions Handbook** apply to all Primary, Intermediate, Secondary and Club Grade Competitions.

This Handbook provides any exceptions to the Club Competitions Handbook for OHA Small Sticks competitions.

Introduction to Junior Hockey

Otago Hockey's aim is for all children involved in Junior Hockey to develop **their individual and team skills**, share the **enjoyment** of taking part in a team game and build a lifelong **enthusiasm for Hockey**.

Based on Hockey New Zealand's national participation programme Active Post Small Sticks, the aim is to attract children aged 5-13 years into hockey and foster a lifelong love of the sport through a games-based approach focused on skill development. Small Sticks provides progressive stages for children new to hockey and lets them play a modified game at a level commensurate with their ability, with correct equipment and in the appropriate game format.

Success in Junior Hockey should be measured in three ways – (1) the improvement in players' individual and team skills, (2) the building of the players self-esteem and (3) the outcome of the games.

Wanting to win and learning how to win are important aspects of the development of Junior Hockey players but these aspects must be kept in perspective and not allowed to take precedence over the building of the skill and self-esteem of the players.

Young players will get the most out of their Junior Hockey if a balance of these objectives is achieved by:

- Regarding competition as another part of training
- Extra players being played as rolling substitutes not reserves, giving all players equal game time –
 irrespective of the closeness of the game.
- All players being played in a number of positions over the season to develop their versatility (this is particularly important in Fun Sticks, Mini Sticks and Kiwi Sticks).
- Using tactics which develop players' individual and team skills as well as maximizing the prospect of winning.
- Striving to win but not looking to win at any price.
- Recognising each player's achievements, in their own terms, irrespective of the outcome of the game.

Otago Hockey- Quick Reference

SMALL STICKS (JUNIOR) COMPETITION 2019

GRADE	Mini Sticks	Kiwi Sticks
Year Level	Year 3 & 4	Year 5 & 6
Time	Wednesday 3.40 – 5.45pm McMillan Hockey Centre Taieri College Turf	Wednesday 3.40 – 6pm McMillan Hockey Centre Taieri College Turf
Weeks	14 weeks	14 weeks
Game Duration	15min	18min
	halves	halves
Division	Multiple	Multiple
Size	6 a side	6 a side
Field Size	depending on Entries	depending on Entries
Grade	Open	Open
Number of Teams	Dependent on entries, multiple divisions	Dependent on entries, multiple divisions
Re-grading	As required at end of each round	As required at end of each round
Points	Not tallied	Results taken for grading purposes only. Results not released
Outcome	No winner	No Winner
Cost	\$348.46 per team (Includes \$2.60 Community Hockey Levy and \$10.50 TRL both per player capped at 6 players – see below)	\$399.18 per team (Including \$2.60 Community Hockey Levy and \$10.50 TRL both per player capped at 6 players – see below)

GRADE	Kwik Sticks	Kwik Sticks
Year Level	Year 7 & 8 6 A-side	Year 7 & 8 11 A-side
Time	Friday 3.30 – 8.40pm McMillan Hockey Centre	Friday 3.30 – 8.40pm McMillan Hockey Centre
Weeks	14 weeks	14 weeks
Game Duration	17 Min Halves	21 Min Halves
Division	Multiple	Multiple
Size	6 a side	11 a side
Field Size	Half Turf	Full Turf
Grade	Open	Open
Number of Teams	Dependent on entries, multiple divisions	Dependent on entries, multiple divisions
Re-grading	As required at end of each round	As required at end of each round
Points	Points taken for grading purposes only. Points tables not released Results will be released on the OHA website	Points taken for grading purposes only. Points tables not released Results will be released on the OHA website
Outcome	Pool Winner	Pool A Winner only
Cost	\$746.54 per team (Includes \$2.60 Community Hockey Levy and \$10.50 TRL both per player capped at 6 players – see below)	\$1445.69 per team (Includes \$2.60 Community Hockey Levy and \$10.50 TRL both per player capped at 11 players – see below)

Divisions & Grades

Junior Hockey is for players of primary and intermediate school age in three competitions:

Competition Commences: Mini/ Kiwi Sticks 6th May

Kwik Sticks 8th May

No Play Dates: 6^{th} -17th July (School Holidays)

Final Week of Play: Mini/ Kiwi Sticks 19th August

Kwik Sticks 21st August

Intermediate Grades	Entry Guidelines
Kwik Sticks	Y7/8 – All Levels

Primary Grades	Entry Guidelines
Kiwi Sticks	Y5/6 – All Levels
Mini Sticks	Y3/4 – All Levels

Draw

- Draws will be emailed to all schools contact person at least one week prior to the commencement of the competition
- Draws will also be published on the OHA website. These will be updated regularly
- The draw is compiled before the round begins, so it is important that requests concerning
 unavailability and particular times to play are received before each round is started. Please
 advise the Competitions Manager, Bonnie Gradwell (<u>competitions@oha.org.nz</u>) as soon as
 possible.

Defaults

- If a match is defaulted, the defaulting team is deemed to have lost the match 3-0.
- The team being defaulted to and the OHA office must be notified of the default at the earliest
 possible time, and no later than midday on the day of play. Notification of defaults by email
 alone is not sufficient. The manager/coach of the team being defaulted to must be contacted by
 the defaulting team/school by telephone to ensure the message is received.

Cancellations

- OHA rarely cancels games; however, this may occur due to equipment failure, extreme weather
 conditions or other unforeseen circumstances. Hockey will not be cancelled unless turfs are
 unplayable.
- All cancellations will be posted on the OHA website and Facebook page by 2pm on the day of the game.
- In these circumstances Otago Hockey will try to reschedule the matches to another available date and time. Where this is not practical (i.e. time restraints or similar) then the cancelled match will be deemed a draw.
- Cancellations will not be emailed to team contacts.

Scorecards

- Scorecards will be provided by Otago Hockey Association
- Umpires for each match will be in charge of collection, completion and the return of the scorecard to the lounge upstairs at the turf.
- Where games are not held at McMillan Hockey Centre, scores must be emailed to competitions@oha.org.nz
- Scorecards for Mini Sticks and Kiwi Sticks will be located in the lounge (Upstairs) at the McMillan Hockey Centre and also at all other venues in an obvious location.
- Scorecards for Kwik Sticks will be located upstairs in the lounge (Upstairs) at the McMillan Hockey centre
- Team lists must be fully completed on scorecards for Kwik Sticks

Results

- Results for Mini Sticks will be recorded and used grading purposes only.
- Results for Kiwi Sticks will be recorded and used grading purposes only.
- Results for Kwik Sticks (competitive grade only) will be recorded each week and put on the OHA
 website for viewing.

Team Registrations and Fees

Mini Sticks

The fees for the year 3&4 6-a-side will be \$348.46 for the season, there will be no weekly entrance fee. This amount includes Hockey NZ affiliation fees and two one-off compulsory fees – the Community Hockey Fee of \$2.60 per player and the Turf Replacement Levy of \$10.50 per player (see below).

Teams must have a manager present on the sideline to supervise substitutions and <u>someone willing to</u> umpire.

Kiwi Sticks

The fees for the year 5&6 6-a-side will be \$399.18 for the season, there will be no weekly entrance fee. This amount includes Hockey NZ affiliation fees and two one-off compulsory fees – the Community Hockey Fee of \$2.60 per player and the Turf Replacement Levy of \$10.50 per player (see below)

Teams must have a manager present on the sideline to supervise substitutions and <u>someone willing to</u> umpire if required.

Very able year 3 or 4 players are permitted to play in the Kiwi Sticks competition and beginner year 5 players are able to play within the Mini Sticks competition.

These exceptions must be applied for to Otago Hockey Association prior to the games being played.

Kwik Sticks

The fees for 11-a-side will be \$1445.69 and players will not be required to pay each week on entry. Included in this amount are Hockey NZ affiliation fees and two one-off compulsory fees – the Community Hockey Fee of \$2.60 per player and the Turf Replacement Levy of \$10.50 per player (see below)

The fees for 6-a-side will be \$746.54 and players will not be required to pay each week on entry. Included in this amount are Hockey NZ affiliation fees and two one-off compulsory fees – the Community Hockey Fee of \$2.60 per player and the Turf Replacement Levy of \$10.50 per player (see below)

Players must be registered in order to play school or representative hockey. The competition manager will be in touch once registrations close to collect team name lists for the scorecards.

Teams must have a manager present on the sideline to supervise substitutions and someone willing to umpire if required.

Fee Explanations

Turf Replacement Levy:

This levy will be invoiced out at \$10.50 incl. GST per player registered to play Small Sticks hockey with the registration fee.

Upon payment, OHA will separate out the levy from the other fees and hold it in a separate bank account with the sole purpose of replacing and upgrading facilities at the Alexander McMillan Centre.

Community Hockey Levy:

This levy will be invoiced out at \$2.60 incl. GST per player registered to play Small Sticks hockey with the registration fee.

The Community Hockey levy will be used to assist in the development of players, coaches and umpires through the programmes administrated by the OHA. This levy replaces the Southern Levy and acknowledges the change in structure which now sees increased human resource cost for these programmes sitting with Otago Hockey.

Playing gear/ Uniforms

Correct school/ team uniform is to be worn for all games. Players cannot play unless wearing protective gear (mouth guard and shin pads). No hard-peaked cap to be worn during games.

Shin pads and mouthguards are compulsory for every field player participating in the competition. There will be no exceptions made for this rule.

Participation in hockey is something we see as very important, but second to player safety.

Soft soled footwear must be worn while participating in all competitions (gumboots are not recommended). Studded shoes and rugby/football boots are not permitted on the artificial turfs and any player wearing these will not be able to play.

Goalies must have a full kit.

First Aid Kit

Each team must supply their own first aid kit and instant ice pack so minor injuries can be dealt with quickly by the team manager on the sideline. If a major injury is suspected the bar staff should be contacted and the necessary arrangements will be made.

Prizegiving

After feedback from previous junior delegates meetings, it was decided that this year the Otago Hockey Association will continue to send the template for the Most Valuable and Most Improved players, as well as a participation certificate will be sent out to the schools. This allows certificates to be given out at school assemblies or in a manner that fits within individual school philosophies.

Kwik Sticks – The Winning team will be presented a trophy immediately after the final. It is the school's responsibility to engrave the trophy and keep it safe until the following year

Queries

First contact your school coach or manager.

Further queries from coaches or managers should be sent via your school coordinator to the Otago Hockey Office at competitions@oha.org.nz.

TURF RULES

- 1 Spectators are to keep off the turfs at all times outside the fence.
- 2 Enter and exit turf by gates only. Do not climb the fence.
- 3 Change into clean footwear before stepping onto the turf.
- 4 Do not leave gear on the sidelines.
- 5 Dug-outs are for players and team officials only.
- No warm-ups on turf while games are in progress.
 No hitting balls against the hoarding fence or around buildings.
- 7 Teams shall leave the artificial surface through gateways, promptly, at the conclusion of their match or practice.
- It is the responsibility of the team coaches and managers to ensure that all care is taken to stem the flow of blood from any injury onto the turf or other players. Use blood bins provided in technical dugout. Injured players must not be removed from the playing area until bleeding has been stopped and covered.
- 9 Approved playing gear only to be worn:

Clean rubber soled shoes to be used.

Sticks to have no sharp protrusions.

Goal keeping pads to be clean.

Goal keeping buckles to be taped at all times.

No sharp objects to be carried or worn on the turf.

- Balls hit over the fence during match play are not to be retrieved by players. An outside runner should retrieve the ball.
- No chewing gum or food inside the hoarding fence.
- 12 Please use rubbish bins supplied.
- No play or practice outside allocated times.
- 14 No dogs inside McMillan Hockey Centre.
- No Alcohol is to be brought into McMillan Hockey Centre.
- 16 No spitting on the turf
- 17 Do not move goals incorrectly
- 18 Do not interfere with turf watering system
- 19 Please abide by each individual venue's rules

All Venues are Smoke Free

Active Post Mini Sticks - Year 3 & 4 (Under 9) Six-A-Side

Team: 6 -10 members

Field Size: depending on entries

Goal Size: 2 meters wide

Duration: 40-minute time slot -2×15 -minute halves

Development and Skills

Concepts of attacking, defending and basic rules are introduced

Auto Pass: No
Goalkeeper: No
Penalty Corners: No
Goals: Modified or cones
Balls: Modified (light balls)

Auto Pass: NoPenalty Corners: No

Rules:

- Safety Rules: only play with flat side of the stick, ball must stay on the ground, no "raised sticks", no hacking on the stick, no tackling from the left (if this causes a dangerous situation), no physical contact with the opponent.
- Game starts with a push forward or back. Each team must be behind the centreline for the start whistle.
- No obstruction.
- The ball cannot be deliberately stopped with the foot or kicked. However, when the ball merely touches the foot, play should continue. See Umpiring Advantage.
- Free hit and sideline hit in: everybody must be 5 metres away.
- There are no penalty corners, or penalty strokes in Mini Sticks.
- Instead of penalty corner, take a free hit on the 10 metre line (everybody 5 metres away and no direct shot on goal allowed).
- Long corner taken 5 metres from backline up sideline (everybody 5 metres away and no direct shot on goal allowed.
- A goal is scored when the ball is pushed into the goal from inside the 10 metre zone.
- No own goals ball must touch an attacker's stick inside the 10 metre zone.

Game time:

Children at this age still find it difficult to concentrate for a vast period of time. However, this is the ideal learning age, with their physique and co-ordination being perfectly suited to learn a wide range of new techniques. In games of 6v6, children are now asked to use their team mates, rather than playing alone. The use of space on the playing field should be introduced, avoiding all players swarming around the ball! Rotate your players, so that they all get a sense of attacking and defending.



Active Post Kiwi Sticks - Year 5 & 6 (Under 11) Six-A-Side

Team: 6-10 members

Field Size: depending on Entries

Goal Size: 2 meters wide

Duration: 45-minute time slot – 2 x 18-minute halves

Skills and Small Games:

• Team dynamics, decision making and defensive and attacking concepts

Balls: Standard

Goals: Standard, modified or cones

Auto Pass: Yes

Goalkeeper: Optional but GK must wear full protective gear

Penalty Corners: YES

Rules:

- Safety Rules: only play with flat side of the stick, no "raised sticks", no hacking on the stick, no tackling from the left (if this causes a dangerous situation), no physical contact with the opponent.
- Game starts with a push forward or back. Each team must be behind the centre line at the start whistle.
- No obstruction.
- The ball cannot be deliberately stopped with the foot or kicked. However, when the ball merely touches the foot, play should continue. See Umpiring Advantage.
- Free hit and side line hit in: only the opponent needs to be 5 metres away.
- Long corner at cross of 5 metres line and sideline (everybody 5 metres away and no direct shot on goal allowed.
- A goal is scored when the ball is pushed into the goal from inside the circle or inside the 10 metre zone.
- No Penalty Strokes.
- Lifted Ball Only permitted as a **controlled** low lift over an opponent's stick, provided this is not dangerous. This also applies to shots at goal.
- If goal keepers are used, they must wear full protective gear.

Game time:

The children in this age category have good coordination skills and are usually willing to learn. Technical skills should be more advanced than in the younger age group. Expand on what has already been learnt. Player positions should still be rotated, with players being taught the roles of each position. Retaining possession should be encouraged, utilising the width of the field. Individuals understand the concept of achieving an individual goal for the game.

Penalty Corner Clarification:

- The team can play <u>UP TO</u> 5 defenders back on defense behind the goal line, that leaves 1 player to go back to half way. It is the team's choice how many players they want back defending but it is "UP TO 5" players, so if they only wish to have only 3 or 4 they can, but the others must go back to half way.
- If they do not have a fully protected goalie or a bibbed kicking full back, then all players are treated as field players and may not use their feet or hands to defend the goal.
- If there are no marked circles for the PC's it is up to the umpires and coaches to help educate the children about where the edge of the circle would be and encourage the correct play of a PC.

- Lifted Ball – Only permitted as a controlled low lift over an opponent's stick, provided this is not dangerous. This also applies to shots at goal.



Active Post Kwik Sticks - Year 7 & 8 (Under 13) Six-A-Side Half Field

Team: 6-10 members

Field Size: Half Field (46m x 23m approx.)

Goal Size: Standard Hockey Goal (3.66 meters wide)

Duration: 50-minute time slot

Skills and Small Games

Team dynamics: decision making, defensive and attacking concepts

 Introduction to a faster paced half field six-a-side, positional understanding and concepts of space

Specialist skills/strategies

Goals: Standard
Balls: Standard
Auto Pass: Yes
Goal Keepers: Yes
Penalty Corners: Yes

Strokes: No

Rules:

• Standard FIH Rules of Hockey



Active Post Kwik Sticks - Year 7 & 8 (Under 13) Fleven-A-Side Full Field

Team: 13 -16 members

Field Size: Standard Hockey field (91m x 55 m approx.)

Goal Size: Standard Hockey Goal (3.66 meters wide)

Duration: 50-minute time slot

Skills and Small Games:

Team dynamics: decision making, defensive and attacking concepts of space

 Introduction to full field eleven-a-side, positional understanding and concepts of space

Specialist skills/strategies

Goals: Standard
Balls: Standard
Auto Pass: Yes
Goal Keepers: Yes
Penalty Corners: Yes

Strokes: No

Rules:

Standard FIH Rules of Hockey

Game time:

The children in this age category are ready to be introduced for field full field hockey. Players are exposed to advanced technical skills and will learn by repetition. Player positions may become more specialized, with position specific skills being developed. Team strategies can be developed to encourage structure and the use of the space on the full field

COMPETITION SECTION

Junior Competition Turfs

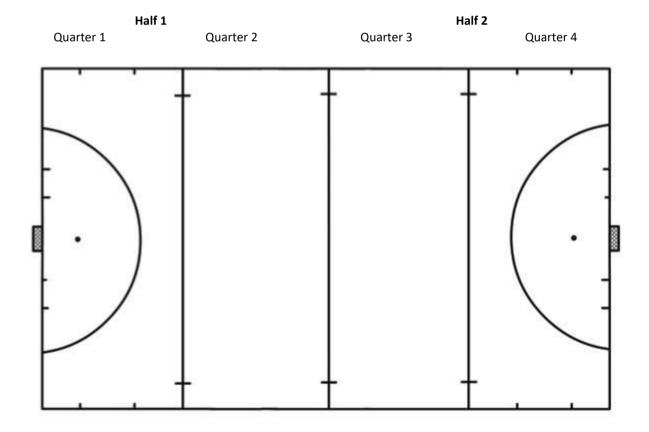
Turf Name	Address
McMillan Hockey Turf	65 Harbour Terrace, Dunedin
Taieri College Turf	3 Green St, Mosgiel

If required, Otago Hockey may use other facilities/turfs around Dunedin. Teams will be informed if this is to happen

Turf Division for Games

For Divisions which use less than a full turf, the portion of the turf allocated to each game is shown in the drawing below:

The portions are "numbered" in numerical order starting from the North end of the turf.



Game Duration

During the winter the McMillan Hockey Centre turfs are used from 3.30pm through to 10.00pm. It is important that games are started and finished on time.

The time slot for each Junior Hockey game, in the Mini is **40 minutes**, Kiwi Sticks Divisions is **45 minutes**, and the time allocated to the Kwik Sticks Division which is **50 minutes**.

THIS MUST BE STRICTLY ADHERED TO.

The 40 minutes should be used as follows:

2 Minutes - To get on the turf and get started (no warm up time)
15 Minutes - First half (18 minutes for Kiwi sticks and 21 minutes

for Kwik Sticks)

5 Minutes (up to) - Half time

15 Minutes - Second half (18 minutes for Kiwi sticks and 21 minutes

for Kwik Sticks)

3 Minutes - To get off the turf

If there are delays in getting the game started or at half time the playing time must be <u>SHORTENED</u> accordingly. Note: Turfs will be watered before the commencement of competitions and will not be watered before each game or at half time unless OHA staff deem it completely necessary.

Teams must be coached to run to their "huddle" on the sideline immediately **after** the final whistle goes and complete their cheers and handshakes promptly.

ALL GAMES MUST FINISH SO THAT ALL PLAYERS ARE CLEAR OF THE TURF BY THE STIPULATED TIME.

NO EXCEPTIONS - Not even to play out penalty corners.

Timekeeping

The Official Time, in declining order of priority is:

- The sound of the hooter, if used.
- The umpires watch if no other time signal.

Substitutions

Full Field: All player substitutions should be done at halfway at the dugout side of the field.

Substitutions cannot take place during a Penalty Corner.

Quarter Turf: All player substitutions should be done at the sides of a quarter field.

Substitutions must be made at the halfway line and players are not permitted to warm up on the side of the turf. This must be done behind the fence. When not warming up, substitutes must be inside the team dugout. Please note that Otago Hockey Association may have to restrict the size of these competitions due to turf constraints and high demand for peak turf time by several user groups.





Spectators

All spectators must remain outside the turf area. Spectators should be supportive and positive towards all players, umpires and coaches. Abuse of umpires, players, or coaches will not be tolerated and will be dealt with as per the Association Code of Conduct.

Umpiring

KWIK STICKS (year 7&8):

Each team entered in the Kwik Sticks (year 7&8) Competition MUST have an umpire associated with the team. Where umpires are not allocated on the draw it is the responsibility of each team to provide an umpire for their game. 2 umpires (one from each team) for 11-a-side games and 1 umpire for 6-a-side games.

We aim to provide Junior umpires opportunities to umpire in the Kwik Sticks matches where possible as part of a development pathway. Umpire training will be available at the start of the season with some supervision available through the season.

Teams that fail to carry out their scheduled umpire duty will incur a fine of \$50 plus they may forfeit their game played.

All casual umpires on a Friday are entitled to one \$6.50 Bar tab upstairs per day which must be used on the day.

Umpires who sign up to our umpire development programme via our website https://oha.org.nz/get-involved/umpire-hockey/ can take advantage of our Hockey dollars programme as below:

Hockey Dollars Programme

For accredited umpires who do Year 7 & 8 games the hockey dollars can be used on the following

- OHA Accounts tournament or high-performance costs
- OHA Bar Tabs
- Go Hockey Vouchers
- New World Vouchers
- OHA Restaurant/Bar Sponsor vouchers Restaurant/Bar TBC

Hockey Dollars can be redeemed or applied to OHA accounts twice a year. The first date being **31 May** and the second and final date the **24**th **of August.**

Competition	Accredited	Casual
Club (Saturday & Sunday	\$12 per game	\$10 per game
Secondary School	\$10 per game	\$6.50 (Bar tab only)
Year 7 & 8 Friday Nights	\$8 per game (2 umpires for 11-a-side and 1 umpire for 6-a-side)	\$6.50 (Bar tab only)
Primary	6.50 (Bar tab only)	\$6.50 (Bar tab only)

MINI (year 3 &4) and KIWI STICKS (year 5&6):

Umpires are compulsory for games in the Mini Sticks and Kiwi Sticks Divisions, however if you are fortunate enough to receive an umpire in a Mini or Kiwi Sticks game then it is more than likely these people are learning to umpire. Please be supportive and know that they are trying their best. All umpires in these grades can claim a \$6.50 bar tab in the lounge upstairs.

Otago Hockey encourages individuals wishing to take up umpiring to begin at a junior level. To find out more information or to enroll in the programme contact the Otago Umpires committee at otagoumpires@gmail.com

Equipment	You will need a good whistle, an accurate watch and clothing (or bib) that is a different colour from the two teams
Co-operation	Talk to the other umpire before your game, ideally 5 minutes before it starts, to ensure that you have a common understanding of the Rules and Guidelines for Junior Hockey, particularly with respect to danger and what is a lifted ball. It is important that these Rules and Guidelines are applied consistently by both umpires throughout the game.
Safety must be ensured	Make sure that the game is safe for the players
	If there is any chance of danger, stop the game immediately with a loud whistle
	Players must not play at the ball after the whistle has sounded
	Watch out for danger from both the stick and the ball when the ball is hit on the reverse with the edge of the stick.
Advantage	Umpires should consider situations when the ball is stopped by the stick then merely touches the foot or body – if there is no advantage in these situations play should continue.
	• Umpires should consider situations when an advantage is gained after the ball touches the foot – in these situations a free hit (or penalty corner if inside the circle) should be awarded.
	If a player kicks or deflects the ball and it is stopped or propelled in a way that they get an advantage, then a free hit should be awarded against them
Unsporting play must be	No deliberate kicking of the ball by field players
prevented	No deliberate stopping of the ball with the feet by field players
	No use of the back of the stick
	No playing at the ball above shoulder height
	No dangerous use of the stick
	Intimidating play, particularly an accentuated back lift and follow through when hitting the ball, must be penalized, irrespective of the proximity to other players
	No destructive tackles
	Players must retire a full five metres from the ball after a free hit has been awarded
	The ball must be played promptly at free hits and sideline hits or the hit should be reversed
	No hitting or tripping of another player
Swearing or other verbal	No swearing
abuse	No verbal abuse of umpires or other players.
	This will not be tolerated at any level by players, coaches and spectators

Umpiring Courses

Check the Otago Hockey Association website or our Facebook page for course dates and venues or contact the Otago Hockey office on 03 474 9201 or email Otago.umpires@gmail.com. Courses are held preseason and mid-season.

Hockey rule books are available on the Otago Hockey Association and Hockey New Zealand Websites.

Rule Books

The FIH Rules of Hockey can be found on their website. These rules will take effect from the 1st January 2019.

To download the latest rules, see link below.

http://www.fih.ch/inside-fih/our-official-documents/rules-of-hockey/

http://www.fih.ch/en/news-5432-fih-publish-latest-rules-of-hockey



Coaching Courses

Check the Otago Hockey Website www.oha.org.nz for course dates or contact our Pathway Manager, Hymie Gill at the Otago Hockey office on hockey@oha.org.nz. Courses are normally held pre-season and mid-season.

Turf Map Locations

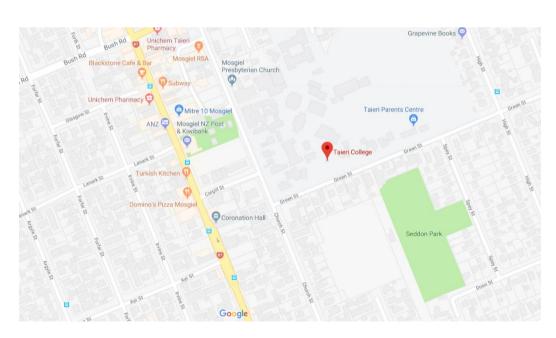
DUNEDIN

McMillan Hockey Centre



65 Harbour Terrace, Dunedin

Taieri College Turf



3 Green Street, Mosgiel

For Coaches, Managers, Parents & Supporters

- Insist that children play within the rules.
- Respect and acknowledge children's efforts, regardless of whether they have won or lost.
- Encourage children in their efforts and skill development in hockey.
- Be a positive role model. Never shout at or ridicule players or officials. Any inappropriate sideline behaviour will result in action being taken by the OHA in line with our Association Code of Conduct.
- Support and applaud the efforts of children in both teams.
- Respect the decisions of officials and coaches.
- Show appreciation to people who volunteer their time to the game of hockey.
- Ensure children understand their responsibility to the team. For example, to attend training regularly and to inform coaches in advance if they cannot attend training or a game.
- Make an effort to understand the rules of hockey.
- Ensure the correct use of safety equipment, particularly mouth guard and shin pads.
- Treat children as children and not little adults.
- Remember that children play Junior Hockey primarily for their benefit rather than yours.
- Consider that the primary purpose of junior hockey is about learning and lifting skills, not competition.

For Player's

- Play to the best of your ability.
- Recognise the efforts of your team mates and opponents.
- Remember to thank your coach, umpires, the opposition and supporters.
- Learn the rules of hockey and play by the rules.
- Respect and accept the decisions of umpires and coaches.