



TOAST CUP 2023

Information Sheet

TOAST cup will take place over the 25th and 26th March 2022 at MacMillan turf, Dunedin.
(Possibility of extra games on Friday evening the 24th of March for local teams).

Rules:

- Follows the applicable FIH 2019 rules and the competition guidelines in the OHA Club Handbook 2021 with the following exceptions.
- Matches will be **2x 22 mins** with a 5 minute half-time (except the Prem men's and Prem women's finals which are 2x25 mins). As we have many games over two days in 1 hour slots, in order to maintain punctuality it is requested that you vacate and take the turf in a timely manner. The team named as team A will start with the ball.
- The umpires will be advised to begin the games promptly and finish within the hour and can, at their discretion, begin the game if a team is more than 2 minutes late to the field.
- All players in a team are required to wear a clearly numbered uniform of the same colour and the team named as the B team will wear bibs if required.
- Round-Robin rules: All round-robin games can finish in a tie with 3 points for a win, 1 for a draw and 0 for a loss. Teams on equal points after the round-robin phase will be separated by: 1) goal difference, 2) goals scored, 3) number of matches won and finally if there is no resolution, a coin-toss.
- Finals rules: Games must finish in a win. If there is a tie in a knockout match the result will be decided by a 3-person shoot-out at the northern goal, with the team with possession of the ball at the start of the match the first team to shoot.

This is a competitive but social tournament so all teams should play within the spirit of the game.
Remember for Otago teams disciplinary points ARE carried over into the club season!